

Namaskaram to All,

Warm greetings and blessings from all the elders of Anandam!

With heartfelt gratitude, we are delighted to share the June–August 2026 edition of the Anandam Newsletter. This edition brings together meaningful moments, achievements and stories from our journey across elder care, healthcare, education, women's empowerment and community outreach.

Every step in this journey has been made possible by the kindness, trust and continued support of well-wishers like you. We sincerely thank each one of you for standing with Anandam and helping us touch lives with care and dignity.

As you read these pages, we hope you will feel that you are not merely supporting Anandam—you are a cherished part of the Anandam family and of every life touched through this journey.

We would be very happy to hear from you. Your thoughts, suggestions and words of encouragement would mean a great deal to our elders and the entire Anandam family. Please feel free to reply to this email or write to us at:

anandamtrust2003@gmail.com

The newsletter follows on the next page. We hope you enjoy reading it and sharing in the moments that made this quarter special.

To know more about Anandam, please visit:

<https://www.anandamoldagehome.org>

Watch a glimpse of Anandam's journey:

https://www.youtube.com/watch?v=Gtz_g9gHZHk

With gratitude and warm regards,

Bhageerathy Ramamoorthy
Managing Trustee
Anandam



Connecting, Nurturing & Spreading Happiness

QUARTERLY NEWSLETTER

INDEPENDENCE DAY CELEBRATIONS

Independence Day was celebrated with pride, joy and patriotic spirit at Anandam and Anandam Special School. Our elders, children and staff came together to honour the nation through patriotic performances, cultural activities and joyful participation, making the occasion truly memorable. The celebration beautifully reflected the values of freedom, unity, inclusion and togetherness.

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11 YEARS OF ANANDAM MEDICAL CARE CENTRE

Celebrating 11 years of Anandam Medical Care Centre – a journey dedicated to bringing accessible healthcare, comfort and hope to the elderly and underserved.

11 years of service, countless lives touched, and a commitment that continues.

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♥ CARE THAT REACHES EVERY DOORSTEP

At Anandam, we believe care should reach those who need it most. Through our Outreach Programme, we visit underserved villages, providing regular physiotherapy, medical assistance and follow-up care to elderly and vulnerable individuals. More than services, we strive to bring hope, dignity and compassionate care to every life we touch.

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PAGE 3 | CERTIFICATE OF APPRECIATION



PAGE 6 | BACK TO SCHOOL WITH JOY



PAGE 8 | BAKING WITH PURPOSE



PAGE 7 | REACHING THOSE IN NEED

THIS QUARTER IN NUMBERS

3500+

PATIENTS TREATED

100%

ACHIEVEMENT IN NIOS
EXAMINATIONS

2250+

WOMEN EMPOWERED

210+

SUPPORT THROUGH ESSENTIALS
PROVISIONS

60+

PALLIATIVE HOME VISITS

240+

FINANCIAL SUPPORT FOR SCHOOL
& COLLEGE STUDENTS

Warm greetings!

As we move through 2026, we thank God and all well-wishers whose continued support strengthens Anandam's mission of **connecting, nurturing and spreading happiness**.

The past quarter has been filled with meaningful moments of **care, achievement and empowerment**. Our Medical Care team continued reaching patients in remote villages through medical camps, home visits, medicines, physiotherapy and essential support. Our elders also benefited from healthcare services and free cataract surgeries.

At the **Anandam Education Centre and Special School**, our students continued to learn, grow and shine through academics, NIOS examinations, competitions, cultural activities and special programmes. Their achievements remind us of the importance of providing every child with the opportunity to discover their potential.

Our **Women Empowerment initiatives** continued to create pathways towards self-reliance. Women and single mothers are gaining practical skills through tailoring, Aari work, fashion designing, bakery, computer training, diaper production and other livelihood activities, while new production initiatives are creating meaningful employment opportunities.

At **Hari Goshala**, our efforts towards sustainable and compassionate care continue, including the development of cow-dung-based products and community outreach programmes.

We are also grateful to share that the construction of Anandam's **free 50-bedded Pain & Palliative Care Centre** is progressing steadily, bringing us closer to our vision of providing compassionate care, comfort and dignity to terminally ill patients from economically disadvantaged backgrounds and their families.

Every smile, every achievement and every transformation is made possible by your kindness, trust and support. Thank you for being an integral part of Anandam's journey of compassion and service.

Editor's Note



Mrs. Bhageerathy Ramamoorthy
Managing Trustee – Anandam



IMPACT STORY OF THE QUARTER

Mobility That Restores Independence

Mr. G. Prakash received a NeoBolt motorised mobility device through the support of Anandam and Kinder Trust, in collaboration with NeoMotion Assistive Solutions Private Limited, an IIT Madras-incubated company. The wheelchair has given Prakash greater independence to commute to work on his own. As the sole earning member supporting his elderly parents, this support has strengthened not only his mobility and confidence, but also his ability to sustain his family with dignity.

“A wheelchair that moves more than a person—it moves dreams, dignity and independence forward.”

Independence Day Celebrations

Anandam marked Independence Day with great enthusiasm as Mr. Suresh V R, CFO of Avalon Technologies, joined our elders for the flag hoisting ceremony. Residents, staff, and student volunteers stood together in patriotic colours, saluting the tricolour with pride and gratitude.



Chess for Seniors

Our elders showcased sharp minds at the Checkmate Challenge, a Senior Citizen Chess Championship organised with Apollo Foundation's Billion Hearts Beating initiative, competing with focus and enthusiasm.



Certificate of Appreciation

A proud moment for Anandam! Our Managing Trustee received a Certificate of Appreciation from the Chennai District Collectorate in recognition of Anandam's contribution to community welfare. The certificate was presented during the district's Independence Day function.



Naturopathy Doctors Visit Anandam

A team of naturopathy doctors visited Anandam and met with our leadership to share holistic wellness practices, distributing natural remedies and traditional medicines for our elders and discussing simple, side-effect-free ways to support healthy ageing.



OUR SILAMBAM CHAMPIONS SHINE AT THE DISTRICT LEVEL!



Our young Silambam champions with their medals and certificates. Proud winners from our evening tuition centre after their district-level victory



The Anandam Education Centre is proud to celebrate a wonderful achievement — students from our free evening tuition centre have won the 2nd Prize at a district-level Silambam competition! Their discipline, dedication, and hard work both in academics and in this traditional martial art form make the entire Anandam family incredibly proud. Congratulations to our young champions for bringing home this well-deserved honour.

240+ Students Supported Through Educational Assistance

Through Anandam's Free Educational Assistance Programme, over 240 students have benefited from financial support towards their education — including 120 school students and 120 college students. The assistance helps meet their school and college fee requirements, enabling students from less-privileged backgrounds to continue their education with greater confidence and dignity.



For the past six years, Gurukrupa Foundation (GKF), Newark, has generously supported Anandam's free after-school tuition program, benefiting 250–300 underprivileged students every day. Their continued partnership empowers first-generation learners and children from economically challenged backgrounds with education, confidence, and hope for a brighter future.

ANANDAM THANKS Autotech Industries Private Limited and Bounteous & Accolite for Their Immense Support Extended for This Initiative



ANANDAM MEDICAL CARE CENTRE

Celebrating 11 Years of Anandam Medical Care Centre



Anandam Medical Care Centre (AMCC) proudly celebrated its 11th Anniversary, marking over a decade of compassionate, affordable healthcare for our community. The occasion brought together our doctors, nurses, and staff who reflected on eleven years of dedicated service, and reaffirmed their commitment to continuing this vital work for years to come.

100+

PATIENTS DAILY

6+

SPECIALITIES

50+

HOME VISITS

FREE

FOR EVERYONE

Cognitive Stimulation Therapy for Our Dementia Residents



The Schizophrenia Research Foundation (SCARF), a Chennai-based mental health non-profit, has been conducting Cognitive Stimulation Therapy (CST) sessions for our inmates diagnosed with dementia. Through engaging group activities like reading and gentle conversation, SCARF's team helps our elders stay mentally active, socially connected, and emotionally uplifted.



Our regular monthly medical camp continues at Anandam's Hari Goshala in Melkondayur village, offering free check-ups, diagnosis, and medicines to local residents. Month after month, more people from underprivileged backgrounds have been coming forward for care, and it is heartening to see them being examined, diagnosed, and treated with the warmth and attention they deserve.

ANANDAM THANKS CAMS INDIA AND DATA PATTERNS FOR THEIR CONTINUED SUPPORT TOWARDS THE MAINTENANCE OF ANANDAM MEDICAL CARE CENTRE.



Independence Day Celebration

Independence Day was celebrated with pride and patriotic spirit at Anandam Special School. Our students showcased colourful performances and a spirited school band, expressing their joy, confidence and unity. The celebration was a memorable reflection of freedom, inclusion and togetherness.



School Reopening Day

The reopening of Anandam Special School marked a joyful beginning to another year of learning, friendship and growth. Students returned with bright smiles and enthusiasm, warmly welcomed by their teachers and friends. The new academic journey began with happiness, hope and exciting opportunities for every child to learn and flourish.



Celebrating NIOS Success

Anandam Special School received accreditation as an NIOS Study Centre in July 2026. The National Institute of Open Schooling (NIOS), an autonomous institution under the Ministry of Education, Government of India, provides flexible Secondary (Class X) and Senior Secondary (Class XII) education. NIOS qualifications are recognised for further education, subject to the eligibility requirements of individual universities and professional institutions.

Celebrating every smile! 🌈

At Anandam Special School, every birthday is a celebration of joy, love, and togetherness. Our special school students celebrated their birthdays with bright smiles, delicious treats, and warm wishes from friends and teachers. These precious moments create beautiful memories and make every child feel special, valued, and loved. ❤️🎉



ANANDAM HARI GOSHALA & OUTREACH PROGRAMME



Bio-Digester Plant

At Anandam Hari Goshala, our Bio-Digester Plant is an important step towards creating a cleaner, greener and more sustainable environment. The plant efficiently processes cow dung and organic waste, helping to reduce waste while converting it into valuable resources.



Sharing Essentials, Nourishing Lives



As part of Anandam's community outreach initiatives, essential grocery provisions were distributed to underprivileged families and elderly persons in Melkondayur Village. The initiative aims to ease the burden of daily necessities and bring a little more security and dignity to vulnerable families.



56
COWS

48
CALVES

04
BULLS

108
TOTAL CATTLE



Bringing Healing Closer to the Community



Through Anandam's Outreach Physiotherapy Programme, Mr. Abdul Shahid provides regular physiotherapy care to underprivileged villagers at their doorsteps, particularly elderly persons who have limited access to rehabilitation services. With consistent care, personalised exercises and compassionate support, beneficiaries are gradually regaining mobility, strength and confidence. Seeing their progress and improved quality of life reflects Anandam's commitment to making dignified, accessible healthcare reach those who need it most.

Turning Cow Dung into Livelihoods



Anandam's Cow Dung Products Initiative is creating meaningful employment opportunities for women while promoting sustainable and eco-friendly practices. Through this initiative, cow dung is transformed into useful products such as Pancha Gavya Lamp, dhoop sticks, candles and other value-added products using specialised machinery.



ANANDAM WOMEN EMPOWERMENT

EMPOWERING WOMEN | TRANSFORMING LIVES | BUILDING FUTURES

TAILORING CLASS



Stitching Skills, Shaping Futures

Women are receiving practical training in tailoring and garment making, equipping them with skills to pursue employment and create sustainable livelihoods.

AARI EMBROIDERY CLASS



Crafting Skills, Creating Opportunities

Women are being trained in traditional Aari embroidery, developing creative skills that can lead to income generation, self-employment and financial independence.

FASHION DESIGNING



Designing Skills, Shaping Futures

Through fashion designing training, women are learning cutting, stitching, designing and garment-making skills, opening doors to employment and entrepreneurship.

College Students

Gaining job-ready skills

Single Mothers

Rebuilding lives with dignity

6 Skill Tracks

Tailoring to Technology

100% Hands-on

Real training, Real results

COMPUTER CLASS



Digital Skills for a Brighter Future

Through computer training, women and young learners are gaining essential digital skills that enhance their confidence, employability and opportunities in today's world.

BAKERY UNIT



Baking Skills, Building Livelihoods

Our bakery initiative provides women with valuable skills and dignified employment, empowering them to create delicious products while building greater financial independence.

DIAPER MANUFACTURING



Creating Livelihoods with Purpose

Our diaper production initiative provides women with practical manufacturing skills and employment opportunities, helping them build sustainable livelihoods with dignity and confidence.

Heartfelt thanks to Atos Foundation for supporting the AWE – Atos Women Empowerment Programme and empowering women through skills and livelihood opportunities.

ANANDAM

PAIN & PALLIATIVE CARE CENTRE

Construction Progress Update — May 2026
Building with Faith · Serving with Compassion



Palliative Care Centre – Construction Update

The construction of Anandam's Pain & Palliative Care Centre is progressing steadily. This new centre will provide compassionate, accessible and dignified care to patients and their families, offering comfort, support and hope during challenging times.

“A building taking shape today, a place of care and compassion for tomorrow.”



“By the grace of God, the construction is progressing well and steadily.”

With the continued prayers and generous support of our donors and well-wishers, the Anandam Pain & Palliative Care Centre is steadily taking shape — moving closer each day to fulfilling its mission of compassionate care for those in need.

COMPLETED WORKS

Column Footing Foundation
✓ COMPLETED

Raft Beam Work
✓ COMPLETED

Underground Sump Modification
✓ COMPLETED

Earth Filling up to Plinth Level
✓ COMPLETED

PROJECT TIMELINE

✓ Foundation & Footing	✓ Sump & Raft Beam	✓ Plinth Level Filling	✓ Column & Slab Work	▶ Finishing & Fit-Out	○ Opening March/ April 2027
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Expected Opening — March/ April 2027

With God's grace and the support of kind-hearted well-wishers, Anandam is planning to inaugurate the Anandam Pain & Palliative Care Centre by March / April 2027. This centre will provide compassionate pain management and holistic care to patients and families facing serious illnesses. Your prayers and support help us turn this dream into reality.

“Blessed are the merciful, for they shall receive mercy.”



THANK YOU

ANANDAM



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**CELEBRATE
 SPECIAL DAYS
 With our Elders.**

**It could be any occasion
 like a Birthday,
 Wedding day or
 Remembrance day of
 loved ones, etc.**

**Please contact us for
 more information.**

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