



Connecting, Nurturing & Spreading Happiness

QUARTERLY NEWSLETTER

BIRTHDAY CELEBRATIONS

Each month, the birthdays of the elders born in that month is celebrated with new clothes, cutting of cake, lively games and a dance session. Entire Anandam family assembles in one place to cheer the birthday babies to showcase their talents during the celebrations.

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ANANDAM MEDICAL CARE AT REMOTE VILLAGES

Anandam's mobile medical unit - reaches out to the needy and the ailing people in remote villages and brings health care to their doorsteps. A doctor, physiotherapist and nurse reach out to the ailing people and make sure to supply them with necessary medicines, nutrition supplements and essential support aids.

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6 TOOLS FOR WOMEN EMPOWERMENT

Training women in life skills is a part of Anandam's endeavour to bring self reliance in women, especially single mothers. Over 1750 women have been trained in our tailoring, aari work, fashion designing, bakery, computer and diaper making facilities.

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PAGE 6 | FOOTBALL CHAMPIONS AT DHRITI '26

THIS QUARTER IN NUMBERS

2900+

PATIENTS TREATED

100%

PASS PERCENTAGE

1750+

WOMEN EMPOWERED

33+

FREE CATARACT SURGERIES

50+

PALLIATIVE HOME VISITS

20+

COWDUNG BY-PRODUCTS

Warm greetings!

As we step into the financial year 2026–27, we thank God and every well-wisher whose support continues to strengthen the mission of Anandam.

This quarter brought many moments of joy and hope – from successful medical camps and cataract surgeries for our elders & patients from nearby villages, to 100% board exam results at our Education Centre. Our Medical Care team continued reaching out to bedridden patients in remote villages with healthcare and essential support aids.

Our Special School students appeared for NIOS examinations they showcased their talents through competitions and summer activities. At Hari Goshala and the Women Empowerment Centre, women and single mothers are building sustainable livelihoods through skill training and production units.

We are also grateful to share that the construction of Anandam's free 50-bedded Pain & Palliative Care Centre is progressing steadily and is expected to open in early 2027.

Every smile, every achievement, and every transformation is possible only because of your kindness and trust.

Thank you for being the heartbeat of Anandam and walking this journey of compassion with us.

Editor's Note



**Mrs. Bhageerathy Ramamoorthy
Managing Trustee – Anandam**



IMPACT STORY OF THE QUARTER

Gift of Education Through a Laptop

Surya, a 25-year-old from Melkondaiyur, is affected by polio and severe rheumatoid arthritis, which have significantly limited the movement of his hands, fingers, and legs. Despite these challenges, and after losing his mother at a young age, he successfully completed his B.Com degree and he expressed his wish to continue higher studies and a work-from-home career. During one of our visits, Surya shared that a laptop was essential for continuing his education. Moved by his determination and resilience, Anandam gifted him a laptop and bag, empowering him to take the next step toward achieving his educational and career aspirations. ❤️



A FREE HOME FOR SENIOR CITIZENS

Celebrations ♦ Healthcare ♦ Civic Life ♦ Community ♦ Gratitude

Celebrations



Every Life Deserves Cheers

Each month, our elders come together to celebrate birthdays with cake, laughter, and joyful companionship. A simple reminder that every life is cherished and celebrated.

Civic Pride



Voices That Count

Anandam's residents proudly exercised their right to vote, proving that civic responsibility knows no age. Their participation reflected a continued commitment to shaping the nation's future.

Free Eye Care



Sight Restored, Lives Transformed

In partnership with Aravind Eye Hospital, Anandam conducted a free eye care camp, providing screenings and cataract surgeries to over 500 beneficiaries at no cost.

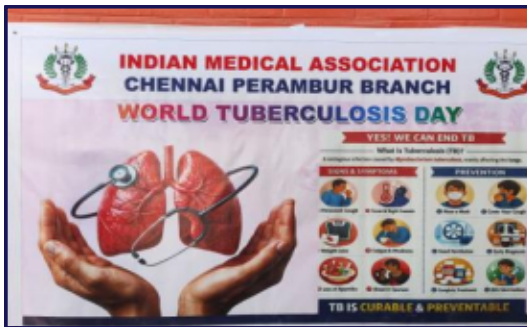
5000+ ❤️
LIVES TOUCHED

500+
EYE CONSULTATIONS

100%
FREE OF COST

33+
EYE CATARACT SURGERIES

TB AWARENESS



World TB Day – Awareness Camp

In partnership with the Indian Medical Association (Chennai Perambur Branch), Anandam conducted a tuberculosis awareness session for elders, focusing on symptoms, prevention, and the importance of early detection.

CANCER SCREENING



Kalpavriksham Trust conducted a cancer screening camp for Anandam's senior residents. Thirty elders were screened, with six referred for further evaluation, while one critical case is currently receiving treatment and ongoing support.

Anandam expresses its heartfelt gratitude to Microsoft India, The World Bank, Sri Ramachandra Medical College and Research Centre, Meenakshi Ammal Dental College, Aravind Eye Hospital, Billion Hearts Beating Foundation, Astra Hearing Care, Anderson Diagnostics & Labs, Vimochana Charitable Trust for their continued support.



Mind & Body Wellness Counselling Sessions

Doctors and psychologists from SCARF conduct regular physical and mental health assessments for our elders. Through monthly visits and personalized follow-up care, they ensure the continued well-being of our residents.



ANANDAM EDUCATION CENTRE

◆ CLASS X & XII – 2025-26 BOARD EXAM ACHIEVERS



CLASS X TOPPERS



CLASS XII TOPPERS



**Silambam Dance
Mahathi & Nishitha
1st Prize · Grade 6**



**Grade 6 student Aashish secured 2nd
place in running race conducted by
Thamizhar Viduthalai Kazhagam.**



**Krithikesh (6th std)
Silambam 1st prize in Silambam
Competition
Organized by J.S Silambam academy**

100% PASS RESULT

All students of Anandam Education Centre passed their board examinations with excellent marks. Several students secured very good marks in individual subjects – a testament to dedicated teaching and hard work.

ANANDAM THANK Data Patterns India Limited, Indian Bank, Autotech Industries Private Limited, Saint-Gobain India Private Limited, Shri V. Subramanian, and M/s. Venu & Rukmani Charitable Trust. Kaushik K P Memorial Charitable Foundation, Bounteous & Accolite for Their Immense Support Extended for This Initiative



For the past five years, Gurukrupa Foundation (GKF), Newark, has generously supported Anandam's free after-school tuition program, benefiting 250-300 underprivileged students every day. Their continued partnership empowers first-generation learners and children from economically challenged backgrounds with education, confidence, and hope for a brighter future.



ANANDAM MEDICAL CARE CENTRE



Home Visits

Care at the Doorstep

Our medical team visits homes in and around 16 villages at Melkondaiyur to provide medicines, physiotherapy and support to bedridden elders who cant reach out to hospitals or clinics.

Providing food & care to destitutes:

Food, medicines, cots, mattresses, walkers and walk sticks were provided to destitute elders who needed the same at their place of stay.

100+

PATIENTS DAILY

6+

SPECIALITIES

50+

HOME VISITS

FREE

FOR EVERYONE



Free Monthly Medical Camp for 250+ deserving patients at Melkondaiyur

Anandam Medical Care Centre provides free healthcare to over 100 patients every day, offering consultations, medicines, diagnostics, physiotherapy, dental, eye, and ENT services. During March-May 2026 alone, more than 2,900 patients received compassionate care through the centre's dedicated services.

ANANDAM THANK STERLING SOFTWARE PRIVATE LIMITED & COMMUNICATIONS TEST DESIGN INDIA PVT LTD FOR THEIR CONTINUED SUPPORT TOWARDS THE MAINTENANCE OF ANANDAM MEDICAL CARE CENTRE.



ANANDAM SPECIAL SCHOOL



Birthday Celebrations

Students born in March, April, May were celebrated with a joyful birthday gathering, making each child feel special, valued, and loved.



World Down's Syndrome Day

World Down's Syndrome Day was celebrated with joy and enthusiasm, bringing together students, staff, donors, and well-wishers to promote inclusion, awareness, and community support.



Football Champions at DHRITI 2026

Two students from Anandam Special School proudly represented the school at DHRITI 2026, showcasing their talent, determination, and team spirit and won prizes in the competition.

ANANDAM THANK BLUE STAR LTD, IMPAL, SUNIL KUMAR BAM, KALEESUWARI REFINERY PRIVATE LIMITED, ACSYS INVESTMENT, SENTHIL KRISHNAN & R SRIRAM FOR THEIR CONTINUED SUPPORT TOWARDS THE MAINTENANCE OF ANANDAM SPECIAL SCHOOL



Government Officials' Visit

Our school was honoured by an official visit from Tmt. Madhumathi IAS, Secretary, Department of the Differently Aabled, Government of Tamil Nadu, along with the Joint Director, Assistant Director (DDAWO), and other senior officials. The visit recognised the school's ongoing efforts in providing quality special education and care to children with disabilities.



Autism Awareness Walk

Students, teachers, and staff participated in an awareness walk to promote understanding, acceptance, and inclusion for individuals with autism.

15-Day Residential Camp for Visually Impaired Students

During the camp, students participated in various activities focused on independent living skills, mobility training, communication development, life skills education, recreational activities, yoga, music, and personality development. The camp encouraged self-confidence, social interaction, and teamwork while helping students enhance their daily living abilities.



ANANDAM HARI GOSHALA & FARMING



Bountiful Rice Harvest from Our Goshala Farm Land!

By the grace of God, this season's rice harvest from Anandam Hari Goshala's own farming land has been completed successfully. The harvested rice bags will directly nourish our Anandam elders and will also be distributed to poor families in nearby villages – a true blessing of abundance shared with love.



Free Monthly Provision Distribution for Needy Families

As part of our ongoing community welfare initiatives, Anandam distributed free monthly provisions to economically disadvantaged families in Melkondaiyur village near Tiruninravur.

60

TOTAL COWS

39

CALVES

04

BULLS

103

GOSHALA FAMILY



Dhoop Sticks & Cup Sambrani

Sacred incense sticks and cup sambrani from cow dung – purifying and aromatic.



Pain Relief Oil & Balm

Herbal pain relief oil and Cow Ghrit Balm from cow products and medicinal herbs.



Vibhuti & Muligai

Sambrani Powder
Holy ash (Vibhuti) and herbal Muligai Sambrani powder from sacred cow dung.



Cow Dung Tooth Powder

Natural tooth powder from purified cow dung ash, clove oil, rock salt, thymol, green camphor – free of chemicals.



Cow Ghee (Cow Ghrit)

Pure A2 ghee made from Goshala cow milk using traditional bilona method.



Panchakavya Lamp & Dishwasher

Eco-friendly Panchakavya lamp and natural dishwashing powder – safe for the whole family.

ANANDAM WOMEN EMPOWERMENT

EMPOWERING WOMEN | TRANSFORMING LIVES | BUILDING FUTURES

TAILORING CLASS



Women, including college students, single mothers, and widows, are trained on modern industrial sewing machines, learning cutting, stitching, and garment finishing skills that prepare them for employment and self-reliance.

AARI EMBROIDERY CLASS



Women are trained in the traditional art of Aari embroidery, mastering intricate hook-needle work on sarees, blouses, and garments. This heritage craft provides students and widows with a creative skill that can become a sustainable source of income.

FASHION DESIGNING



Women are trained in blouse design, pattern drafting, boutique garment making, and ethnic wear tailoring, helping them develop both creative and entrepreneurial skills to pursue employment or start their own businesses.

College Students

Gaining job-ready skills

Single Mothers

Rebuilding lives with dignity

6 Skill Tracks

Tailoring to Technology

100% Hands-on

Real training, Real results

COMPUTER CLASS



Women are trained in MS Office, internet usage, tally and digital communication, helping students strengthen their technical skills and enabling them to confidently access employment opportunities and essential digital services.

BAKERY UNIT



Women are trained in hygiene-compliant baking, food production and quality standards, equipping them with the skills to start home bakeries or pursue careers in the food industry. Products made here are used for in-house consumption.

DIAPER MANUFACTURING



Women, including single mothers and widows, are trained in machine operation, product assembly, and quality testing of hygienic adult and baby diapers and sanitary pads. While the diapers are produced for in-house use, the unit creates employment opportunities and equips participants with job-ready and business-ready skills.

ANANDAM PAIN & PALLIATIVE CARE CENTRE

Construction Progress Update – May 2026
Building with Faith • Serving with Compassion



Foundation & Reinforcement Work – Underway



Column Footing & Raft Beam – Completed



“By the grace of God, the construction is progressing well and steadily.”

With the continued prayers and generous support of our donors and well-wishers, the Anandam Pain & Palliative Care Centre is steadily taking shape – moving closer each day to fulfilling its mission of compassionate care for those in need.

✓ COMPLETED WORKS

Column Footing Foundation
✓ COMPLETED

Raft Beam Work
✓ COMPLETED

Underground Sump Modification
✓ COMPLETED

Earth Filling up to Plinth Level
✓ COMPLETED

PROJECT TIMELINE

✓ Foundation & Footing	✓ Sump & Raft Beam	✓ Plinth Level Filling	▶ Column & Slab Work	○ Finishing & Fit-Out	○ Opening March 2027
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Expected Opening – March 2027

With God's grace and the support of kind-hearted well-wishers, Anandam is planning to inaugurate the Anandam Pain & Palliative Care Centre by March 2027. This centre will provide compassionate pain management and holistic care to patients and families facing serious illnesses. Your prayers and support help us turn this dream into reality.

“Blessed are the merciful, for they shall receive mercy.”



THANK YOU

ANANDAM



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**CELEBRATE
 SPECIAL DAYS
 With our Elders.**

**It could be any occasion
 like a Birthday,
 Wedding day or
 Remembrance day of
 loved ones, etc.**

**Please contact us for
 more information.**

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