



Anandam

A Free Home For Senior Citizens

# ANANDAM

QUARTERLY NEWSLETTER

## ANANDA BHARATHAM

The annual day of Anandam was celebrated in complete grandeur with a Fashion ramp walk by the elders!

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## SUMMER CAMP AT SPECIAL SCHOOL

An exciting 2 week-long summer camp was organised at Anandam's School for Special Children with several activities.

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## AUTISM AWARENESS

The Special School had organised an Autism Awareness program on April 2nd, 2024.

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PAGE 3 | ANANDA BHARATHAM - ANNUAL DAY



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PAGE 8 | MEDICAL CAMP AT MELKONDAIYUR

# EDITOR'S NOTE



Hi Everyone,

I'm very glad to connect with you all through this issue. Over the past three months, a lot of exciting things have happened at Anandam Home



**-We are in the process of constructing a Comfort Care Centre on the first floor of our current complex, along with a bakery unit at the rear. The architectural drawings have been prepared and submitted to the CMDA for approval. We expect the approval within the next two to three weeks. In the meantime, we have finalized the contractor, who will begin construction as soon as we receive approval.**

**-The recently established Anandam Special School successfully conducted a 10-day Summer Camp for the students, as well as another camp focused on computer skills for the visually challenged. Both were a grand success.**

**-Our monthly medical camps have been met with great enthusiasm. Diabetic and heart patients continue to receive free medications during these camps. We have constructed permanent sheds for this purpose and have ample space to conduct the camps now.**

**-The Goshala continues to expand, now housing 101 cows. A new cow shed was recently completed.**

All these successes are because of your continued support. We are also starting a palliative care unit, and the details will be provided in our next issue.

Bye and best wishes until then!

Bhageerathy Ramamoorthy

**ANANDAM - A FREE HOME FOR SENIOR CITIZENS**

# **ANANDA BHARATHAM - A GRAND CELEBRATION -**

On March 17th, Anandam celebrated its 21st Annual Day with a spectacular event, "Ananda Bharatham," held at Kuchalambal Kalyana Mandapam. The highlight of the evening was a unique fashion ramp walk showcasing the traditional attires of all Indian states, modeled by the elders and special children of Anandam. The event was graced by esteemed guests. The vibrant display of cultural heritage and the participation of Anandam's residents made the celebration a memorable and heartwarming occasion.





## LEADING BY EXAMPLE! - ELECTION DAY

On election day, all the senior citizens of Anandam demonstrated their commitment to civic duty by promptly heading to the polls to cast their votes. After fulfilling their responsibilities, they returned and took a group picture, setting a commendable example for future generations. Their dedication and sense of duty serve as an inspiration to all.



## A DIVINE DARSHAN AT THE THIRUPORUR TEMPLE!

A divine darshan at the Thiruporur Murugan temple was arranged for the elders of Anandam. It was a very memorable and joyous road trip filled with happy moments and lots of bhakthi!



**BHAJAN MANDALI**

At Anandam, arts and music take centre stage and our elders are the biggest rasikas ! We had a wonderful Bhajan mandali recently which transported them to a whole other realm.

**GIFT MAKING**

Giving comes first hand to all the elders at Anandam. They sit with great interest and handmade the gifts that are given to all the visitors and artists at Anandam!



**TURNING YOUNGER AT HEART!**

We love celebrating the birthdays of our elders. On the last day of the month, all the elders who had their birthday are celebrated! This is Anandam's unique way of honouring elders and giving them an experience of celebrating things dear to their hearts.

# RESULTS HSC AND SSLC TOPPERS!

Our students have done a phenomenal job and have secured great scores and have topped in their HSC and SSLC exams! Anandam is incredibly proud of them and we applaud them for their efforts!

**ANANDAM EDUCATION CENTRE**  
 SSLC BOARD EXAM TOPPERS  
 2023-2024

			
Divyasri G. 443/500	Gowri S. 419/500	Vinitha E. 411/500	Janani S. 400/500

**ANANDAM EDUCATION CENTRE**

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 HSC BOARD EXAM TOPPERS  
 2023-2024

			
Yogeshwari R. 526/600	Harini B. 522/600	Yuvapriya D. K. 506/600	Bhavani M. 503/600

**ANANDAM EDUCATION CENTRE**  
*Congratulates all Students!*

# STUDENTS OF OUR EDUCATION CENTRE WITH TEACHERS



We have 270 students from class III to class XII and 25 dedicated teachers.

# **WE THANK THE SPONSORS FOR THE IMMENSE SUPPORT THAT THEY EXTEND AT EVERY STAGE!**



We are delighted to announce that the Guru Krupa Foundation (GKF), a foundation based out of New York, has renewed its support for another year. For the past four years, Anandam Trust has been the recipient of GKF's generous support.

GKF has been a steadfast supporter of our cause by covering the operational expenses of our after-school tuition program, benefiting approximately 270 to 300 children every day. Their support has played a pivotal role in empowering first-generation learners and providing them with the resources they need to succeed. As a result of these efforts, children have made great strides at their respective schools.

The collaboration between Anandam Trust and GKF exemplifies a shared commitment to providing quality education and support to underprivileged children. Together, we will make a tangible difference to the lives of children as we work tirelessly to craft a better future for all.

We are also thankful to Shriram Chit Funds Private Ltd. for their contributions towards the Anandam Educational assistance.

# MEDICAL CAMP IN MELKONDAYUR VILLAGE

The PENNALAM team conducted complete health checkups for elders as well as the public, with particular emphasis on cancer screening. As an outreach programme, Anandam Medical Care Centre conducts medical camps at Melkondayur near Pakkam village, once a month. We arrange checkups by General Physicians, Dental and Eye specialists. Medicines are distributed free of cost and the villagers who do not have medical facilities in that area are very happy.



## DENTAL WING

Dental and Eye-care divisions offer their services twice a week. We have two dental chairs, of which one has X-ray facilities. Patients requiring surgical and advanced care in dental and eye-care wings are referred to Meenakshi Dental College and Aravind Eye Hospital.



## LABORATORY

We have a fully equipped testing laboratory where basic lab tests recommended by our Medical officers are conducted for the public free of cost. Medicines are issued free of cost for the patients. We have an Ultrasound system where free scanning is done once a week.



## PHYSIOTHERAPY

We have started offering outpatient Physiotherapy sessions in the Medical Care Centre for two hours in the morning and evening.

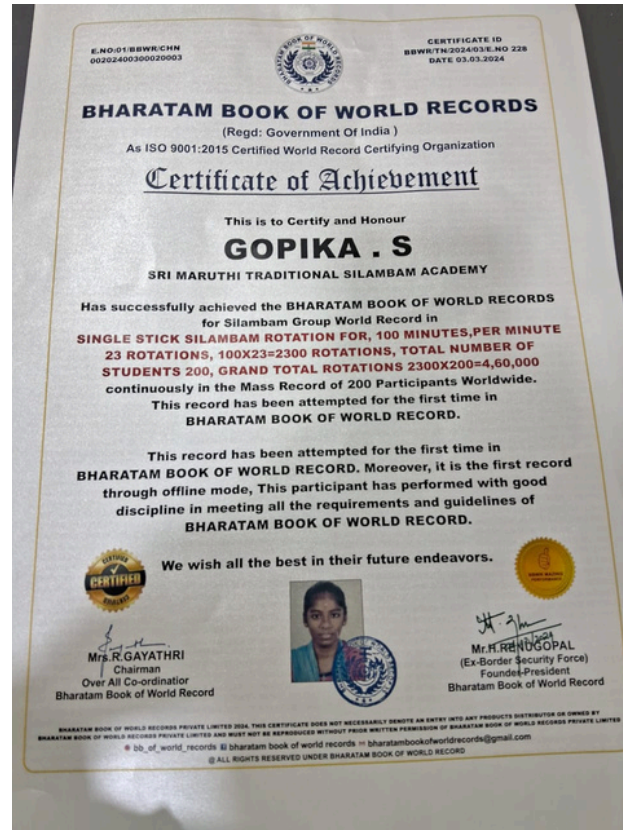




# WORLD RECORD!



S.Gopika, a student has been inducted in the Bharatham book of world records for her accomplishment in Silambattam!



# GARDENING ACTIVITY

Love for nature and plants are cultivated at a very young age. Our students take great interest in understanding the art of gardening!



# BAKING CLASSES

The students of the special school are now expert bakers too! With the help of the best mentors, they are now able to bake cakes, cookies and even make several salads!



# SUMMER CAMP !!!



An exciting summer camp was organised at the Special school for 3 weeks with activities spanning from yoga, skating, chess, and dance to baking, arts and crafts and over 40 students attended the camp!



## AUTISM AWARENESS PROGRAM

## COMPUTER TRAINING FOR THE VISUALLY CHALLENGED



To best equip our students for their future, we have a computer training class for visually challenged students. They have shown great interest and are picking it up very quickly!

Anandam Special School has organised an Autism Awareness program for students and parents. Several eminent women speakers gave motivational talks which boosted the confidence of our special school parents!



# BEGINNING OF THE ACADEMIC YEAR 2024



Anandam Special School began its successful 3rd year of operations this June! The students were eagerly awaiting the beginning of the academic year to meet their teachers and friends !

## GIFTS MAKING

The young students are extremely talented artists too! They now make all the beautiful gifts from scratch with help from the teachers!





# WOMEN EMPOWERMENT

The Mothers of the Special school children are being taught several life skills that are helping them generate an alternate income stream. From Embroidery to tailoring to computer classes, this initiative has helped several women find their voice!





## GIVING NEW LIFE!

We are blessed to witness the birth of a new baby calf from a mother who was rescued from a slaughter house. It's a moment of great joy and pride for us at Anandam Goshala.

ANANDAM THANK ALL OUR DONORS, FOR THEIR CONTINUED SUPPORT TOWARDS THE MAINTENANCE OF ANANDAM HARI GOSHALA

## FUTURE PROJECTS OF ANANDAM

### ANANDAM COMFORT CARE CENTRE

We have a Medical Block at Anandam which can presently accommodate 15 people (Male and Female), who require constant, 24 X 7 care and help from attenders, with medical attention too. As the average age of our elders is more than 75 years now, we feel that more accommodation for residents who become ill will be needed shortly. We are building a Comfort Care Centre on the first floor of Anandam to an extent of 4500 sq. ft. with 10 beds for men, 10 beds for women and 10 beds for the critically ill. This project is expected to be completed by the latter part of this year.

### A FREE PALLIATIVE CARE

Anandam has witnessed the suffering and demise of our elders due to the scourge of cancer. We could offer limited Palliative Care for them. To provide expert and complete Palliative Care for the poor and needy, we have purchased a plot of land with a building overlooking a large water body, where we propose to construct a Palliative Care Centre to accommodate 50 persons. Our motto is that these persons have lived with dignity and should leave with dignity.





*A Free Home For Senior Citizens*




Experience True Happiness at Anandam

# ANANDAM

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 ANANDAM TRUST ( Youtube  
channel)

## CELEBRATE SPECIAL DAYS

With our Elders!  
It could be Birthday,  
Wedding day, Remembrance  
day, etc. Please contact us  
for more information.



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