

A FREE HOME FOR SENIOR CITIZENS (A Public Charitable Trust)

We have no paid home or any branches

Message from the Managing Trustee

Dear Well-wisher,

Greetings to you.



Bhageerathy Ramamoorthy
Managing Trustee

The pandemic has now started receding in India, but we still come across a number of positive cases and as such we continue being vigilant. The lockdowns imposed, have helped in the process of slowing down the spread of the virus, but the situation continues to be grim. Though the government is doing its best to contain the virus, unless the people cooperate, we will not be reaching ultimate safety. So, my humble request to all of you is to not lower the guard, keep yourselves and family members safe, get vaccinated and take all precautions to beat the virus.

We have started a Goshala, in February 2021 which now shelters 10 cows. Plans are afoot to launch a bigger Goshala near Chennai, for which we have already purchased the required land. We will slowly start putting the infra structure in place.

We have received CMDA approval for Anandam Learning Centre, (the Special Children's school Project) and work has commenced with the Bhoomi Pooja done on 27th of July.

The approval from CMDA for the Palliative Care Project is also being pursued. We will share the details with you in due course.

Thanking you for your continued patronage.

Regards,
Bhageerathy Ramamoorthy.

HANDS THAT SERVE ARE HOLIER THAN THE LIPS THAT PRAY

ANANDAM

A FREE HOME FOR SENIOR CITIZENS

We are very happy to share with you that God's Grace and the prayers of our well-wishers is keeping all the Residents of ANANDAM healthy and safe. We continue to strictly follow the COVID Protocol.

All our elders, staff, volunteers & management are completely vaccinated with both doses of the vaccine administered.

We at Anandam, are playing a proactive role by continuing the following precautions meticulously:

- Visitors are still being restricted from visiting the premises
- Elders wear masks all the time and maintain social distance.
- Frequent washing of hands.
- Curtailing unnecessary trips outside the Home.
- Doing simple yoga exercises and breathing exercises to enhance immunity levels in small batches maintaining social distancing.
- Adequate social distancing is maintained among elders at the Dining Hall during morning coffee, kanji for breakfast, lunch, tea and dinner.
- Regular Medical Checkup for elders by our in-house medical doctor.
- Required medicines and multi vitamin tablets are given to elders as per their need.

Special Care is taken for those in the medical ward. Their Oxygen Levels are continuously monitored. Those in need are given Oxygen through O2 concentrators.



Many donors from India & overseas have come forward to help us by donating O2 concentrators. We thank them profusely for their continued support.



Image: Pneumonia vaccine being administered to a resident of Anandam

SERVICE RENDERED BY US TO THE SOCIETY DURING THE PANDEMIC SINCE APRIL 2020:

COVID-19 pandemic has created unprecedented havoc in the lives of millions, especially the unorganized sector workers. As a part of our social responsibility, we have stepped up our efforts to help the needy, in the following ways:

- We continue to supply ration items like Rice, Sugar, Dhal and Oil to the needy poor people. We supply these items free of cost to about 50 beneficiaries, mostly single mothers, each month.
- Whenever the government permitted, our medical care centre was operational, we continued to provide lifesaving medicines to the chronically ill patients registered with us.
- We continued to pay salaries to all our Anandam staff throughout the pandemic which supported them to keep their families afloat.
- Our teachers are conducting online classes for the students and the medical centre staff are deployed at the Home for senior citizens to provide extra care to our elders.
- We supplied medical cots and beds to institutions setting up COVID Care Facility.
- We lent our spare O2 concentrators to the needy local poor people during the peak of pandemic.
- We provide all possible assistance to people seeking admissions in hospital.

We try our best to mitigate the hardships of the poor people because of this COVID-19 pandemic. We bow down to the donors and patrons who are our pillars of support in the path of service.

ANANDAM EDUCATIONAL ASSISTANCE

Because of the pandemic, no evening classes were conducted during the reporting period.

However, to mitigate the sufferings of our teachers and students because of the loss in earnings, the following were continued to be provided.

1. All the teachers were given full remuneration & continued to conduct the tuition classes online.
2. All the students were given mobile phones for attending the online classes. These mobile sets were donated by a well-wisher of Anandam.
3. July 2021 witnessed 100% pass results for all our students
4. We had distributed 50 laptops to deserving students, pursuing college studies under our sponsorship. We thank our donors for making this possible.



5. Online classes are being conducted regularly and we ensure attendance of students in them
6. Students from single parent families, who have scored good marks have been supported for college admission; Anandam has paid the fee for them.
7. We are constantly in touch with the parents of students to ensure the health of the students and that they continue to attend the online classes conducted by the respective schools
8. Competitions are conducted by Bhoomi Trust for students every week through ZOOM.
9. Until Aug 31st 2021, Anandam has sponsored the education fees of 53 school students & 41 college students. We thank Guru Krupa Foundation Inc., USA for making this possible.

Anandam Education Centre profusely thanks
Guru Krupa Foundation Inc., USA
for their support to the Education Centre



Image: Our students participating in the Zoom competitions conducted by Bhoomi Trust.

அம்பத்தூர் அரசு பள்ளி மாணவி ஞா. யுவஸ்ரீயின் கொரோனா வைரஸ் பற்றிய ஆராய்ச்சி ஆர்வம்

கல்வித் துறை அதிகாரிகள் பாராட்டு



சென்னை அம்பத்தூரில் உள்ள பெருந்தலைவர் காமராஜர் அரசு பெண்கள் மேல்நிலைப் பள்ளியில் பன்னிரெண்டாம் வகுப்பு பயிலும் ஞா. யுவஸ்ரீ தற்போதைய கொரோனா ஊரடங்கு காலத்தில் தனது தேர்வுக்கு தயாராகும் நேரங்கள் தவிர பிற சமயங்களில் வீணாக பொழுது போக்குகளில் கவனம் செலுத்தாமல் தனது பொன்னான நேரத்தை கோவிட்-19 வைரஸ் தொற்றுக்கான காரணங்களை தனக்கென பாணியில் ஆராய்ச்சி செய்து அதனை கட்டுரை வடிவில் தயாரித்துள்ளார்.

மேலும் இதனை பவர் பாயின்ட் பிரசண்டேஷன் ஆகவும் தயாரிப்பு செய்துள்ளார். மாணவிகளின் தனித்திறமைகளை நன்கு ஊக்குவிக்கும் தனது பள்ளியின் தலைமை ஆசிரியை வனிதா ராணி, விலங்கியல் ஆசிரியை ஞானமணி மற்றும் தனது பள்ளியின் ஆசிரியைகள் முன்னிலையில் விளக்கம் அளித்துள்ளார்.

இவரது தந்தை ஞானவேல் மற்றும் தாய் கற்பகவள்ளியுடன் அம்பத்தூர் கள்ளிக்குப்பம் கங்கை நகர் பகுதியில் வசித்து வருகிறார். மேலும் இவர் ஓவியம் மற்றும் கணினி போட்டிகளில் கலந்து கொண்டு வெற்றி பெற்று பல சான்றிதழ்களையும் பரிசுகளையும் பெற்றுள்ளார்.

பள்ளியில் பயிலும் பாடங்களிலும் நன்றாக படிப்பதோடு மட்டும் அல்லாமல் கோவிட்-19 தொடர்புடைய பல தகவல்களை திரட்டி அது



தொடர்பான ஆராய்ச்சியில் மிகுந்த ஆர்வத்துடன் உள்ளார். மேலும் இம் மாணவி பழைய நானாயங்கன் பலவற்றை சேகரித்து வைத்து அசத்துகிறார். தற்போது திருவள்ளூர் மாவட்டத்தில் தமிழக அரசு சார்பில் நடைபெறும் நீட்பயிற்சி வகுப்பு தேர்வுகளிலும் சிறந்து விளங்கிறார். இவரது ஆராய்ச்சி கட்டுரையின் கருத்துக்களையும், ஆராய்ச்சியில் ஈடுபடும் ஆர்வத்தையும் கண்ட திருவள்ளூர் மாவட்ட முதன்மைக் கல்வி அலுவலர் (பொறுப்பு) திரு. பி. ஏ. ஆறுமுகம் அவர்களும், திருவள்ளூர் மாவட்ட முதன்மைக் கல்வி அலுவலரின் நேர்முக உதவியாளர் நா. பூபால முருகன் அவர்களும் மாணவியின் அறிவியல் ஆராய்ச்சிகளை ஊக்கம்தரும் வகையில் அறிவியல் அறிஞர்களின் கருத்துக்கள் அடங்கிய புத்தகங்களை வழங்கி பாராட்டி, வாழ்த்துக்களை தெரிவித்தனர்.

Image: Newspaper feature of our student Yuvashri for presenting a research paper on the origin of Corona & its effects.

ANANDAM MEDICAL CARE CENTRE

As soon as the pandemic phase-I subsided in March 2021 and the Government lifted the Lock Down, we had commenced regular functioning of the Medical Centre, strictly following the COVID Protocol. The patients started coming slowly.



Image: Volunteers at AMCC registering patients from behind a glass partition

But again, phase II of the pandemic started in April, and the Government has clamped the lock down again. Hence, we had to stop the functioning of this Centre once again.

However, even during the lockdown, we have ensured steady supply of medicines to the chronically ill patients registered already with us. They are mainly diabetics, TB patients, BP patients and some with other chronic ailments like epilepsy.

We have re-commenced the operations of the Medical Centre from July 15th 2021 with all precautions in place.

Glass partitions have been installed in the reception, pharmacy and the consulting rooms to provide a safe distance between the patients and the doctor / nurses / pharmacist and technicians working here.



Anandam Medical Care Centre

Gratefully acknowledge the financial support from
Sterling Software Pvt. Ltd
In meeting the expenses of this centre.

ANANDAM LEARNING CENTRE FOR SPECIAL CHILDREN

Currently, Anandam Learning Centre provides free tuition classes for 47 children with learning difficulties after school hours. The tuition classes are now being taken by our 7 trained teachers via online medium currently because of the pandemic. Annual expenses for this learning centre are being sponsored by Sterling Software Pvt. Ltd.

Anandam Learning Centre
Gratefully acknowledge the financial support from
Sterling Software Pvt. Ltd
For meeting the expenses of this centre.

NEW PROJECT UPDATES:



Image: Render of proposed Anandam Learning Centre

As indicated in our last newsletter, we are commencing the construction of **ANANDAM LEARNING CENTRE FOR SPECIAL CHILDREN**, which will serve as a free full-time school for the deserving and poor students with special needs. The Bhoomi Pooja for construction of the school building was performed in a simple manner, adhering to the COVID protocol on 27th July, 2021.



Image: Bhoomi Pooja being conducted on 27th July 2021

The building plan has already been approved by CMDA and we have commenced the construction works which is all set to be completed by June 2022.



Image: Progress of construction so far

Features of the Anandam Learning Centre:

- Free full-time school for children with special needs coming from very poor economic backgrounds.
- Classes will be taken that encompasses fine & gross motor skills activity, physical activity, language based activities, physiotherapy sessions, etc to help them gain all-rounded improvement
- 18,810 sq ft. building on 4 grounds of land very close to the existing premises of Anandam Free Home for Senior Citizens in Kallikuppam, Ambattur
- Building comprises of 3 floors with world class facilities including multipurpose hall, therapy rooms including hydrotherapy, classrooms, user friendly ramp for special children, assisted lift facility, kitchen, dining, restrooms, etc.
- Special play area made available for the students to play in to improve their sensory play
- We have partnered with V-Excel Education Trust for technical guidance & support for this initiative.
- The total budgeted expenses for this project is projected at Rs. 475 lakh & we have already started to receive support from many of our donors who have agreed to be associated with this project.

Be a part of this noble cause by contributing Rs. 2000 per sq ft. or multiples thereof.

You may please contact us for further details.

Anandam Hari Goshala

Lenin Nagar, Ambattur

*"Cow is the Source of progress & prosperity.
In many ways, it is superior to one's mother.
I shall worship it & I shall
Defend its worship against the whole world!"
- Mahatma Gandhi*

A cow or Go-matha has been an integral part of every family in ancient India. Worshipping Go-Matha brings welfare and happiness for all.

We are very happy to share that Anandam has started a Go-shala in the name **ANANDAM HARI GOSHALA** at Lenin Nagar, Ambattur in February 2021. We now have 10 cows, all of Indian Breed, donated by well-wishers. Devotees coming to the temple also worship the Go-Matha at the Go-shala.



Image: One of our divine bovines by name Padma

The milk from these 10 cows is partly used for abhishekam of the deities of the temple every day. The remaining milk is used at Anandam Home for Senior Citizens to provide healthy fresh cow's milk to the Residents.

The cows are being maintained very well & provided with fodder, danyams, green & dry straw etc., every day. A Veterinary Doctor comes every fortnight to check the health of the cows.



If you wish to contribute towards the maintenance of the Goshala, you could opt for one of the following schemes:

SCHEME	AMOUNT
Fodder for one cow for one day	Rs. 500
Medical care for one cow per month	Rs.1,000
Maintenance cost for a cow per month	Rs. 5,000
Maintenance of entire Goshala per month Or Adopt a cow in the memory of a departed soul	Rs. 50,000
Go-Dhanam Pooja	Rs. 1,00,000

All donations are exempt from I T under section 80 G. Cheques and drafts are to be drawn in the name Anandam Hari Goshala

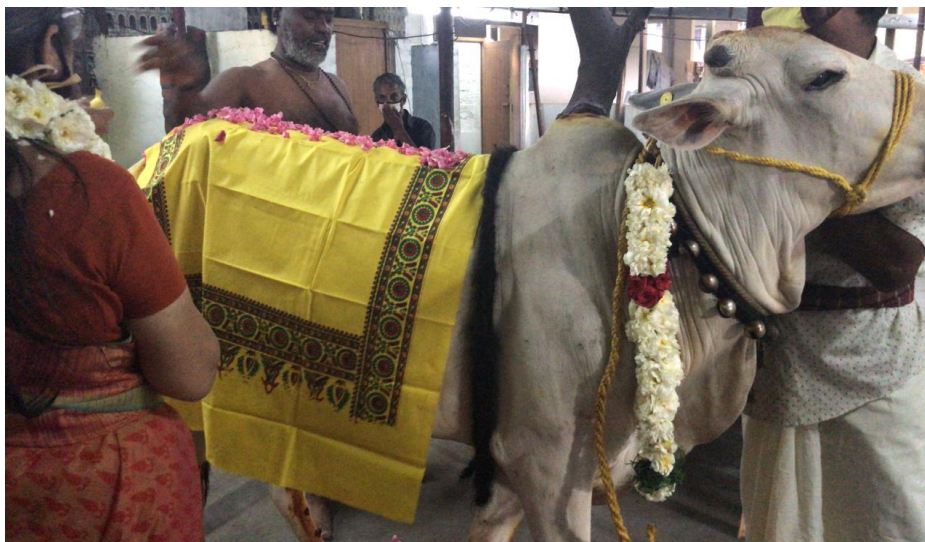


Image: Go-Pooja being conducted

We have expansion plans of housing upto 200 cows that consists of both milch & abandoned cows in a farmland measuring about 1.5 acres which we have purchased in the outskirts of Chennai. We request you to extend your support in this initiative & be a part of this noble cause.



You can celebrate birthdays, wedding days and remembrance days of your beloved ones with our elders.

Please reach out to us on anandamtrust@yahoo.co.in for this.

Anandam

Address: Anna street, Gangai Nagar, Kallikuppam, Ambattur, Chennai: 600053

Phone: 9841819889, 98410 01925, 98400 80879

Email: anandamtrust@yahoo.co.in

Website: www.anandamoldagehome.org

